

Session 2022-4 Course Descriptions (August – October 2022)

Below is a list of classes being offered in the upcoming NADA session 2022-4 for which you may be eligible. Courses with different numbers indicate different levels of training.

All courses will be held at our training facility at 10 Pearl Place. *Masks continue to be recommended when attending classes at our facility.* For the most recent information on NADA & COVID please go to <https://www.nfldathleticdog.com/covid-19-updates>

DOG SPORTS FOUNDATIONS:

Sundays, 6:30-7:30, **for 8 weeks, starting August 21st**, with Leslie VB & Elizabeth Zedel

Prerequisite for this course: your dog should be at least 6 months old.

The purpose of this class is to provide handlers and dogs with the necessary skills and information needed to create great teams entering sports such as Agility, Flyball and Rally Obedience. It is well known that the skills sports dogs need are the same as those that dogs need to be great family pets! The key to any Foundations class, including the NADA Foundations class, is to teach skills that will enable the dog to give attention, offer behaviours, respond to cues, target and exhibit self-control. Some topics that will be covered are Marker Based Training, ways to start a behavior including capturing, shaping and luring, the importance of play in learning. impulse control, loose leash walking/reinforcement zone and recalls. The first class is without dogs.

LEVEL 1 AGILITY:

A: Mondays, 7:30-8:30pm, **for 8 weeks, starting date August 15th**, with Paul Marino & Carla McGrath.

B: Tuesdays, 6:00-7:00pm, **for 8 weeks, starting date August 16th**, with Marguerite Foote & Paula Neville.

Prerequisite for this course: successful completion of Dog Sports Foundations.

This class will further improve your relationship and communication with your dog, and give you and your dog the confidence, awareness, and skills, which are foundations to the sport of agility. Exercises and homework will focus on basic obedience, impulse control, body awareness, and confidence on solid/narrow/moving obstacles. Dogs that have these skills will learn agility faster and more safely, preparing them for the introduction to obstacles.

LEVEL 2 AGILITY:

Mondays, 6:00-7:00pm, **for 8 weeks, starting August 15th** with Marguerite Foote & Fred Rowe.

Prerequisite for this course: successful completion of Level 1 Agility.

This class focuses on introducing canine partners to each of the agility obstacles, while getting them used to working off leash. Teams will train on obstacles such as, the dog walk, teeter, A-

frame, jumps and tunnels. Teams will build on 2o2o skills introduced in Level 1, will work to advance handling skills, and will be introduced to the running contact for the A-Frame.

LEVEL 3 AGILITY: Thursdays, 7:30-8:30pm, **for 8 weeks, starting August 18th**, with Dawn Bignell & Perry Grandy.

Prerequisite for this course: successful completion of Level 2 Agility.

Level 3 Agility continues to build on the skills acquired in Level 2 Agility and will enable teams to work through sequences in upper-level agility courses. At the end of the course, dogs will have greater value for the equipment, and handlers will have knowledge of the basic skills needed to 'handle' their dog through an agility course.

Classes will run for 8 weeks and will be divided into two parts. The first part will consist of 4 handler-only classes, during which handlers will be introduced to basic handling terms and skills, including drive lines, dog leads, crosses (front, rear, blind), pivot turns/shoulder rotations, running and support arms, and ketschker turns. In addition, the handler-only classes will cover some basic handler fitness, speed and agility exercises. The second part of the course will consist of 4 dog-handler classes in which we will aim to (i) continue building the dog's value for the teeter and other equipment, (ii) introduce teams to basic verbals and small sequences, and (iii) review strengthening and flexibility exercises for dogs. The course includes 4 weeks of free facility drop-ins for independent practicing of skills with dogs.

Jumps and Tunnels: Wednesdays 7:30-8:30, **for 8 weeks, starting August 17th** with Heather Skanes.

Prerequisite for this course: completion of Level 3 Agility. This class is designed for those students who have completed Level 3 agility. The dogs are proficient on all obstacles and handlers are just starting to gain confidence in their handling with understanding of the different crosses and handling maneuvers used in agility. Jumps and tunnels will be used to solidify this knowledge and introduce teams to simple lines and skills to confidently sequence multiple obstacles. This class will also introduce teams to back sides of jumps and threadles.

Triple-Double Advanced: Wednesdays, from 6:00-7:00pm, **for 8 weeks, starting August 17th**, with Dianne Ford.

Prerequisite for this course: Completion of Triple Double Basic. Teams continue to advance their confidence, speed, and handlers continue to improve their handler acuity using Triple Double exercises from Handling 360 plus additional exercises developed for this team skill level by Dianne Ford. Skills in the course are a continuation of the understanding of verbals, plus advanced handling maneuvers like early lower body rotations, early front crosses, blind crosses, ketschker turns, and threadles. Prerequisite for this course: completion of Triple-Double Basic.

Heeling Skills 1.5: Saturdays, from 6:00-7:00pm, for 4 weeks, starting September 10th, with Lois Hammond.

Prerequisite for this course: Completion of Heeling Skills 1. This class is open to any teams who have completed Heeling Skills 1 but would like some extra help to work on their Standing Platform and Pivot Platforms skills. We will take a close look at handler mechanics and build from where teams left off at the end of their Heeling Skills class. Crating is required for this class.